

# Well-Being Centered Health Care Leadership Course

## For Health Care Leaders Committed to Well-Being



## Great Leadership= Thriving Teams

Join this energizing all-virtual course to sharpen your communication style, boost team well-being, and build a culture of trust and feedback, including a mini-capstone project.

### Dates for All-Virtual Sessions:

October 21, 2026 | 9 am–5 pm EST

November 2 and December 14, 2026 | 7–8:30 pm EST

### Course Sessions at a Glance

- Leading with Style
- Cultivating Psychological Safety
- Coaching for Growth
- Giving Effective Feedback
- Navigating Challenging Conversations
- Appreciation and Stress Management
- Well-Being-Centered Team Communication
- Mini-Capstone Presentations

### Objectives

#### By course end, participants will be able to:

1. Identify how leadership behaviors impact well-being, including burnout, mental health, fulfillment, safety, and retention.
2. Create safe, trusting environments where employees thrive and deliver high-quality care.
3. Encourage a culture of feedback, appreciation, and coaching to support growth and development.
4. Communicate with direct reports to show their value and enhance well-being and satisfaction.

**Cost: \$800**  
**(early bird discount \$745)**  
**until August 31, 2026**  
To Learn More and Register, Click [HERE](#)

#### Accreditation Statement

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 10.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Verification of Attendance

Verification of attendance will be provided to all professionals.

#### Cancellation

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by October 14, 2026. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.

#### Faculty Disclosure Policy

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all accredited CE educational activities. All individuals in control of content of an activity accredited by ISMMS are expected to disclose all their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships are mitigated and disclosed to learners before the activity takes place. All relevant financial relationships have been mitigated.

**Sponsored by:** The Office of Well-Being and Resilience (OWBR), The Office of Faculty Development (OFD), Talent Development and Learning (TDL), Center for Stress, Resilience and Personal Growth (CSRPG)—Icahn School of Medicine at Mount Sinai, and CHARM (Collaborative for Healing and Renewal in Medicine)

